

# Does Your "Stuff" Own You?

Join Stephanie Lonquist, owner and manager of In Transition, LLC for a FREE one hour workshop on the cause of and solutions to clutter.

Topics will include

- The causes of clutter
- How much is too much?
- The paper chase
- Strategies for organization and elimination

Highlands Ranch Library - Shea Room A  
Tuesday, February 16 from 11:00 a.m. until noon

Workshop is FREE and open to adults of all ages. **RSVP required.**

Sponsored by Highlands Ranch Senior Outreach Services.

Come with your questions and concerns and leave with priorities and plans.

For more information and to RSVP, please contact  
Senior Services Coordinator Jodie McCann at 720-240-4922,  
or at [jmccann@highlandsranch.org](mailto:jmccann@highlandsranch.org).