

Heart Health & Stroke Prevention
February is American Heart Month

Join Highlands Ranch Senior Outreach Services for this
FREE educational program, presented by the
American Heart & Stroke Associations.

Adults of ALL ages are welcome!
R.S.V.P. is required.

Highlands Ranch Library - Shea Room A
Wednesday, February 10 from 11:30 a.m. until 12:30 p.m.

For more information and to RSVP, contact Senior Services
Coordinator Jodie McCann at 720-240-4922,
or at jmccann@highlandsranch.org.

View program schedules and other senior information at
www.highlandsranch.org and click on Senior Outreach Services.